



FINANCIAL CLARITY WORKSHEET

The Five Basics		
Category	Amount	Notes
Income (take-home pay, side hustles)		
Fixed Expenses (rent/mortgage, car, insurance, utilities)		
Variable Expenses (groceries, gas, dining out, subscriptions)		
Debt (<i>balances & minimums: cards, loans</i>)		
Savings & Investments (<i>emergency fund, retirement, short-term</i>)		

Don't chase perfection—just use your most recent numbers.

Net Worth			
Assets	Amount	Liabilities	Balance
Cash/Checking		Mortgage/Rent	
Savings Accounts		Car Loan(s)	
Retirement Accounts		Credit Cards	
Home Equity/Property		Student Loans	
Other Assets		Other Liabilities	
	Net Worth Formula:	Assets - Liabilities:	



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QUICK WINS & LEVERS

- ☐ Fixed expenses take up too much of my income
- ☐ Grocery bill is higher than I thought
- ☐ Subscriptions I don't really use
- ☐ One debt has a high interest rate
- ☐ No emergency fund or less than \$500 saved
- ☐ Car payment feels too big for my budget

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

SMALL ACTION(S) I CAN TAKE THIS WEEK



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BIGGER PICTURE

What do I want my money to make possible in the next 1–3 years?

Is there one lifestyle shift (career, downsizing, travel) I want to prepare for?

What “freedom” would financial clarity give me?

Other notes or reflections:

WANT TO GO DEEPER?

Pair this Starter Sheet with the ***Life Reinvention Planner & Workbook*** to connect your numbers to your bigger picture.

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